

# COWBOY KITCHEN

**DINNER SERIES!** We are pleased to announce a new partnership with Horses Healing Humans (HHH) – a full equestrian center located on Rt. 184 in Stonington. Join Chef Robert Ramsay from the Cultivator Kitchen at the RD86 restaurant incubator project in New London. This hands on cooking class and dinner will happen the 3rd Tuesday of the month from June through September. Only ten people per session will join Chef Robert in the kitchen to learn how to cook like a cowboy then enjoy a meal together. Each class is \$25 with dinner. Proceeds go to benefit HHH. Participants may register for one or all 4 dates. Adults 18+

**Each date enrolls a maximum of 10 participants.**

● **Class 1: Tuesday, June 19**

Chili Marinated Charred Shrimp Fajitas, Grilled Spanish Onions & Poblano Peppers, Roasted Tomato Salsa, Ayocote Black Beans, Grilled Tortillas.

● **Class 2: Tuesday, July 17**

Asian Glazed Salmon, Toasted Garlic Sesame Rice, Baby Bok Choy w/ Oyster Sauce

● **Class 3: Tuesday, Aug 21**

Skillet Chicken w/ Bacon, Wild Mushrooms, & White Wine Sauce, Pappardelle Pasta

● **Class 4: Tuesday, Sept 18**

Marinated Strip Steak - Chimichurri, Pan Seared Roasted Potatoes w/ Shallots, Swiss Chard.

Everything will be provided. Registration is on a first come / first served basis. **Fee:** \$25/person per date

## Program Registration

All classes register\* in person at Stonington Human Services, 166 South Broad Street, Pawcatuck, Monday-Friday between 9am-4:30pm, by mail, or outdoor drop box after normal business hours.

**Online registration** is available at <https://stonington.recdesk.com/>

If registering in person, completed forms and payment are required at the time of program registration. **REGISTER EARLY!** If a program does not meet minimum enrollment, it will be cancelled. Register early to avoid disappointment due to a full or cancelled program.



## About Horses Healing Humans

The experienced, caring instructors and therapists at Horses Healing Humans, Inc. create individualized equine programs for people from all walks of life. Their primary focus is on providing high-quality education and healing therapeutic services that incorporate the physical and emotional benefits of mounted and unmounted work with horses. Their program is based on the belief that the participants' needs are of the utmost importance—horses and humans alike—and their entire team is committed to meeting those needs. <http://www.horseshealinghumansct.org/>

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